



Influenza Vaccination Programme

Influenza Types

Influenza (i.e. flu) is caused by various viruses. Nowadays, three types of flu could be found: A, B & C. Among them, A is the most common one. In Hong Kong, H1N1 and H3N2 could be seen very often. They are transmitted via the respiratory tract, predominantly by airborne or droplet spread or through direct contact with patients' secretions. Patients usually present with fever, headache, muscle ache, blocked or running nose, sore-throat, cough and tiredness, etc.

Prevention is better than cure. To prevent her staff to be infected by the viruses, many companies would arrange the flu vaccination for her staff and dependants around October & November every year. In order to cater for clients' need, HMMP Ltd would have the special offer for the flu vaccination this year.

The viral-strain composition recommended for the vaccination programme in 2003 is as follows:

- ◆ A/New Caledonia (H1N1) – like virus
- ◆ A/Fujian (H3N2) – like virus
- ◆ B/Shanghai – like virus

The Following People Could Not Get Flu Vaccination

- ◆ Those who are sensitive to eggs
- ◆ Those who are sensitive to Neomycin (antibiotic)
- ◆ Those with high fever

Remark:

- ◆ Those who are pregnant/plan to be pregnant could have the flu vaccination
- ◆ Age group from 6-35 months : The one who hasn't received any flu vaccination before , should take 2 vaccines with 0.25ml/dose. The second vaccine would be delivered 1 month after the first vaccine; The one who has received the flu vaccination before, take 1 vaccine with 0.25ml/dose
- ◆ Age group from 3-8 years: The one who hasn't received any flu vaccination before, should take 2 vaccines with 0.5ml/dose. The second vaccine would be delivered 1 month after the first vaccine; The one who has received the flu vaccination before, take 1 vaccine with 0.5ml/dose
- ◆ Age group from 9 years onwards : take 1 vaccine with 0.5ml/dose

Arrangements and Charge for Vaccination Programme

1. On-Site (Over 25 persons) \$85/dose
 - ◆ HMMP Ltd. will arrange register nurse to go to your office for the vaccination, very convenient to the members and the company.

OR

2. Clinic \$85/dose
 - ◆ Vaccine Location: Central, Wanchai, Causeway Bay, Quarry Bay, Cheung Sha Wan, Mongkok, Jordan, Ngau Tau Kok, Tsuen Wan, Shatin

To stay healthy, in addition to taking the vaccine, you should also maintain your body health. To help you do that, we further offer you a free \$50 coupon for you to do the following:

1. to use Chinese Herbalist to strengthen and maintain your health
2. to use Acupuncture to improve your health and keep fit
3. to buy the tongue scraper to improve your oral health

Note: the HK\$50 coupon must be used in the designated clinics.

Should you have any interest for the above programme, please fill in the reply slip and fax to 2302 0500. After receiving your reply slip, we will call you for the arrangement. Should you have any queries, please feel free to contact us at 2302 0418.

Regards,
Jennifer

Reply Slip

To : Ms. Jennifer Fu / Noel Tang
Fax : 2302 0500

Please ü in the appropriate boxes
<input type="checkbox"/> On-Site Vaccination Total Person: _____ On-Site Date: _____ (am / pm)
<input type="checkbox"/> Clinic Vaccination Total Person: _____
<input type="checkbox"/> Paid by the company <input type="checkbox"/> Paid by employee (Please fill in the Application form – No. IVP2004)

Company Name: _____

Company Address: _____

Contact Person/Position: _____

Contact No.: _____

Signature and Company Chop: _____

Date: _____